



# Post Secondary Planning Night

**Presented by:**  
**The MacArthur Guidance and Counseling  
Department**

**December 14, 2022**

# MacArthur HS

## Counselor Caseloads

### Grade 9 - Class of 2026

- ▶ Ms. Hammer/Phillips (A-Al)
- ▶ Ms. Sharkey (Am-C)
- ▶ Mr. Conaghan (D-G)
- ▶ Ms. McNerney (H-L)
- ▶ Ms. Mirando (M-N)
- ▶ Ms. Bernard (O-Sa)
- ▶ Ms. Phillips/McCool (Sc-Z)

### Grade 10 - Class of 2025

- ▶ Ms. Hammer/Phillips (A)
- ▶ Ms. Sharkey (B-Cl)
- ▶ Mr. Conaghan (D-H)
- ▶ Ms. McNerney (I-Ma)
- ▶ Ms. Mirando (Mc-P)
- ▶ Ms. Bernard (Co-Cu)  
(Q-Sa)
- ▶ Ms. Phillips/McCool (Se-Z)

# Levittown Graduation Requirements

- ▶ **Minimum 27 credits required for graduation**
- ▶ **Regents exam requirements**
- ▶ **Advanced Regents vs. Regents Diploma**
- ▶ **Students must also complete an Interdisciplinary Research Paper in their senior year**

# Required Courses for Graduation

## 27 Credits Minimum

### to graduate with Levittown Diploma

#### Regents Diploma

Subject	Credits
English	4.0
Soc. Studies	4.0
Math	4.0
Science	3.0
LOTE	1.0
Art/Music	1.0
Health	0.5
Phys Ed	2.0
Electives	7.5

#### Adv. Regents Diploma

Subject	Credits
English	4.0
Soc. Studies	4.0
Math	4.0
Science	3.0
LOTE	3.0
Art/Music	1.0
Health	0.5
Phys Ed	2.0
Electives	5.5

# Graduation Regents Exam Requirements

Subject	Advanced Regents Diploma	Regents Diploma
English	1 Regents	1 Regents
Math	Algebra I CC Geometry CC Algebra II CC *Mastery in Math seal	Algebra I CC
Science	1 Life Science <u>AND</u> 1 Physical Setting *Mastery in Science seal	1 Life Science <u>OR</u> 1 Physical Setting
US History	1 Regents	1 Regents
Global History	1 Regents	1 Regents
LOTE	Checkpoint B	Checkpoint A
Total	8 Regents + Checkpoint B	5 Regents

# College Admissions

## The 5 Key Components for Successful Admission Applications

**Official High School Transcript**

**Standardized Test Scores**

**Activities Resume**

**Letters of Recommendation**

**Personal Statement/Essay**

# High School Transcript

- ▶ Rigor in course selection
- ▶ Academic growth over entire high school career
- ▶ Consistency in grades or upward progression
- ▶ Cumulative GPA (Through end of junior year)
- ▶ Weighted grades (AP's and honors courses)
- ▶ Senior year course selection

2022-2023



# College Entrance Exams

## SAT vs. ACT

### SAT Exam (Until March 2024)

- ▶ 3 hours
- ▶ Measures Reading, Writing and Language and Math
- ▶ Composite score ranges from 400-1600.
- ▶ \$60.00 per exam
- ▶ Go to: [www.collegeboard.org](http://www.collegeboard.org) for more information

### ACT Exam

- ▶ 2 hours 55 minutes + 40 minute essay (optional)
- ▶ Measures Reading, English, Science, and Math
- ▶ Composite score ranges from 1-36.
- ▶ \$63.00/\$88.00 w essay
- ▶ Go to: [www.actstudent.org](http://www.actstudent.org) for more information

# SAT Changes (Beginning March 2024)

## What is staying the same?

- ▶ Composite score ranges from 400-1600.
- ▶ Measures Reading, Writing and Language and Math
- ▶ Taken at a controlled facility

## What is changing?

- ▶ Fully digital
  - ▶ Personal or school device
- ▶ 2 hours
- ▶ Calculators can be used for entire math section
- ▶ Faster delivery of scores
- ▶ Every test is unique

Digital SAT FAQ's:

<https://satsuite.collegeboard.org/digital/faq>

# SAT's & ACT's Continued

- ▶ Students should begin taking SAT or ACT in junior year.
- ▶ Recommend that students take test more than once, as many colleges will “super score” results
- ▶ Test Optional policy – visit [www.fairtest.org](http://www.fairtest.org) for participating colleges

# **PSAT/NMSQT**

**(Preliminary Scholastic Assessment Test)**  
**(National Merit Scholarship Qualifying Test)**

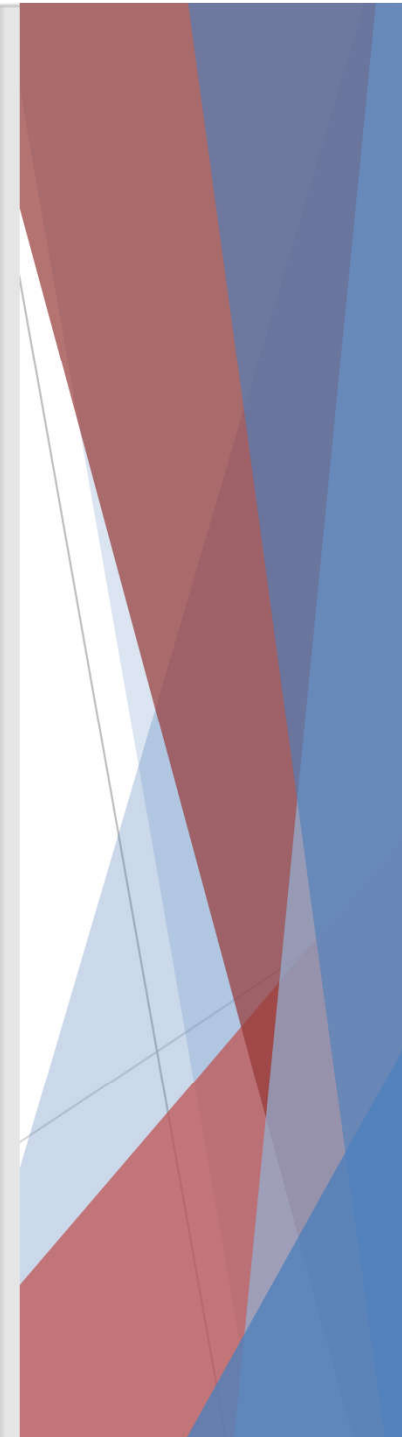
- ▶ **Test includes Evidence Based Reading and Writing and Math sections**
- ▶ **Will be digital starting Fall 2023**
- ▶ **Exam offered once a year in October**
- ▶ **National Merit Scholarship Qualifying Test for 11<sup>th</sup> graders**
- ▶ **Test length approx. 2 hours**
- ▶ **Registration letter mailed home in the fall**
- ▶ **\$25.00 cost (in 2022) to take PSAT exam**

# Activities Resume

- ▶ Extracurricular activities  
(in school and outside of school)
- ▶ Community Service
- ▶ Athletics/Musical Talents
- ▶ Awards and Recognitions
- ▶ Work/Summer Experiences
- ▶ Leadership
- ▶ Start filling out the resume worksheet to begin to build your college resume!

**\*It is important to emphasize QUALITY, NOT QUANTITY**



[illegible][illegible][illegible]



Student Name: \_\_\_\_\_

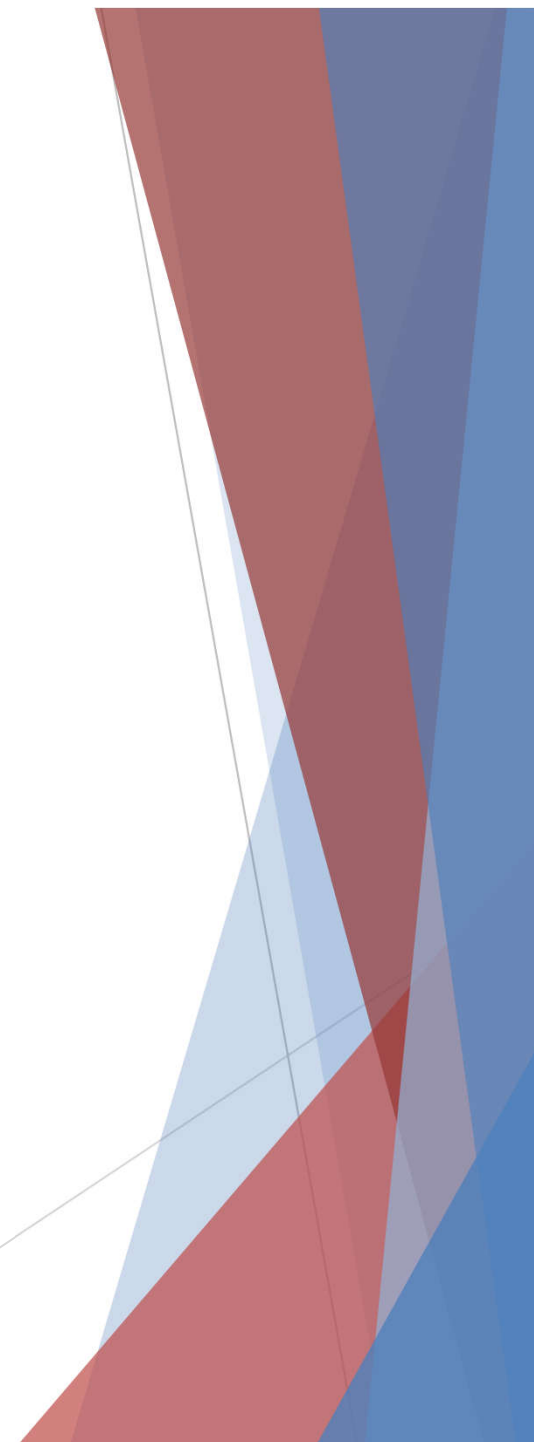
### ACTIVITY SHEET

	9th	10th	11th	12th	Description
<b>SCHOOL ACTIVITIES</b>					
Jr. Mathletes	X				Participated in monthly competitions; solved college level math problems under timed conditions
Key Club	X	X	X	X	Collected supplies/food for homeless at King Kullen, attended several charity walks, and collected donations for UNICEF
Autism Awareness Club			X	X	Decorated school building to spread awareness
Yearbook Club				X	Photographer for class of 2017 Yearbook
Environmental Club			X	X	Worked the Memorial Sloan Kettering Cancer Center Kan Jam fundraiser
<b>HONORS &amp; AWARDS</b>					
National Honor Society			X	X	For students who excel in academics; actively involved in honors and AP classes; must have a 90+ overall average
World Language Honor Society			X	X	For students devoted to their second language class; meets monthly; donates to needy charities
Platinum/Gold Renaissance Card Holder	X	X	X	X	An academic recognition for maintaining a 90+ average every quarter; must be in NHS to receive a platinum card
All County Band	X	X			Chosen to perform with students from Nassau County who excelled at NYSSMA; played under the direction of experienced conductors
<b>LEADERSHIP</b>					
Class Office (Recording Secretary)	X				Took notes at monthly meetings; designed class apparel; served food at Junior Prom
Tri-M Music Honor (President)		X	X	X	For students who excel at music; must participate in NYSSMA and receive a score of 93 or higher; raises money for music dep.
Theater Honor Society (Secretary)		X	X	X	For students actively involved in the drama dept.; must have taken one theater class



Student Name: \_\_\_\_\_

Peer Leader				X	Chosen to be an example for incoming freshman; meets with a select group monthly to discuss their transition
<b>COMMUNITY SERVICE</b>					
Breast Cancer Walk	X				
East Broadway Picnic	X	X	X		Helped out at elementary school's picnic; served food; set/cleaned up
Camp Invention				X	Volunteered at a camp held in school district; was in charge of a specific group; 50+ hours
<b>OUTSIDE ACTIVITIES</b>					
Dance	X	X	X	X	14 years of dance experience (tap, ballet, lyrical); selected to be in production numbers
NYSSMA	X	X	X	X	Festival for musicians to be graded on a song they prepared; have performed all levels; auditioned for all-state
<b>WORK EXPERIENCE</b>					
Mid Island Y JCC Camp		X			Worked in the theater program all summer; prepared campers for a musical performance
Babysitting	X	X	X		
Long Island Puppet Theater					Performed at little kid's birthday parties; dressed up as different characters
BJ's Wholesale Club				X	Work as a cashier; restock store





# LEVITTOWN PUBLIC SCHOOLS



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[Kindergarten 2023-2024 Package Requests](#) - Request a registration package - Packages go out January, 2023 - If you are in Universal Pre-K you do not have to request a package. If you have any questions, please contact Arlene Mege, Registrar, 516-434-7058 or by e-mail

[Universal Pre-K Program Frequently Asked Questions](#) - If you are interested in our UPK Program, Please take a moment to review our [Universal Pre-K Program Frequently Asked Questions \(English\)](#) , [Preguntas frecuentes sobre el programa universal de prekinder \(espanol\)](#) . The interest form will be available starting January 3, 2023.

## Calendar

[District Food](#)

[Service](#)

[Committee Mtg](#)

[@LMEC](#)

Wed, Dec 14, 2022

9:30am

[Salk Winter](#)

[Chorus Concert](#)

Thu, Dec 15, 2022

6:30pm

[Wisdom Lane](#)

[Winter Band](#)

[Concert](#)

Thu, Dec 15, 2022

7:00pm

[Chanukah begins](#)

[at Sundown](#)

Sun, Dec 18, 2022

## Tweets from @Levittown\_PS



Levittown S...  
@Lev... · Dec 7

Very proud of [@MacArthur\\_HS](#) athlete Lexie Thompson on being named an All American athlete! She is one of only four goalkeepers in the entire nation, one of only three players from New York State and the only player from Long Island to earn this honor. #Success@DC

## MacArthur High School athlete Alexandra Thompson earns prestigious All American honor

The Levittown Public School District Athletic Department is proud to announce that General Douglas MacArthur High School student athlete Alexandra Thompson has been named an All American, the highest honor that a high school athlete can earn.





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## General Douglas MacArthur High School

3369 Old Jerusalem Rd.  
Levittown NY 11756  
(516) 434-7225



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Virtual Locker



MacArthur Athletics  
YouTube Channel



LIVE GAMES!

A JOURNEY

[The Guidance Portfolio](#)

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Prep. Courses](#)

[Method SAT Test Prep Dates](#)

[General 9th Grade School Supply List](#)

MacArthur Band Trip  
Deposit 1

Driver Education  
Information

Athlete Alexandra Thompson  
American honor



### Calendar

District Food Service  
Committee Mtg @LMEC  
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MacArthur Elective Fair  
Thu, Dec 15, 2022 9:50am -  
12:50pm @ GYM LOBBY

Salk Winter Chorus Concert  
Thu, Dec 15, 2022 6:30pm

Wisdom Lane Winter Band  
Concert  
Thu, Dec 15, 2022 7:00pm

Chanukah begins at  
Sundown  
Sun, Dec 18, 2022

First Day of Chanukah  
Mon, Dec 19, 2022

MacArthur Club Illuminate  
Meeting  
Mon, Dec 19, 2022 3:30pm - 6:00pm





# LEVITTOWN PUBLIC SCHOOLS



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[Field Trip Payment \(MySchoolBucks\)](#)

[MacArthur Band Trip Deposit 1](#)

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[Driver Education Information](#)

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# NCAA – College Athletics

- ▶ Any student who plans to play Division I or II sports in college must register with the NCAA
- ▶ Important to communicate with your guidance counselor, as our school must send your HS transcript
- ▶ NCAA recalculates your GPA based on required core courses (academic courses)
- ▶ Student is responsible to submit official SAT or ACT test scores directly to NCAA
- ▶ Visit <http://www.ncaa.org/> for more information



## ONE OPPORTUNITY. LIMITLESS POSSIBILITIES.

If you want to play sports at an NCAA Division I or II school, start by registering for a Certification Account with the NCAA Eligibility Center at [eligibilitycenter.org](http://eligibilitycenter.org). If you want to play Division III sports or you aren't sure where you want to compete, start by creating a Profile Page at [eligibilitycenter.org](http://eligibilitycenter.org).

### ACADEMIC REQUIREMENTS

To play sports at a Division I or II school, you must graduate from high school, complete 16 NCAA-approved core courses, earn a minimum GPA and earn an ACT or SAT score that matches your core-course GPA.

### CORE COURSES

Visit [eligibilitycenter.org/courselist](http://eligibilitycenter.org/courselist) for a full list of your high school's approved core courses. Complete 16 core courses in the following areas:

#### DIVISION I

Complete 10 NCAA core courses, including seven in English, math or natural/physical science, before your seventh semester.

ENGLISH	MATH (Algebra I or higher)	NATURAL/ PHYSICAL SCIENCE (including one year of lab, if offered)	ADDITIONAL (English, math or natural/physical science)	SOCIAL SCIENCE	ADDITIONAL COURSES (Any area listed to the left, foreign language or comparative religion/philosophy)
4 years	3 years	2 years	1 year	2 years	4 years

#### DIVISION II

ENGLISH	MATH (Algebra I or higher)	NATURAL/ PHYSICAL SCIENCE (including one year of lab, if offered)	ADDITIONAL (English, math or natural/physical science)	SOCIAL SCIENCE	ADDITIONAL COURSES (Any area listed to the left, foreign language or comparative religion/philosophy)
3 years	2 years	2 years	3 years	2 years	4 years

### GRADE-POINT AVERAGE

The NCAA Eligibility Center calculates your grade-point average (GPA) based on the grades you earn in NCAA-approved core courses.

- DI requires a minimum 2.3 GPA.
- DII requires a minimum 2.2 GPA.

### SLIDING SCALE

Divisions I and II use sliding scales to match test scores and GPAs to determine eligibility. The sliding scale balances your test score with your GPA. If you have a low test score, you need a higher GPA to be eligible. Find more information about sliding scales at [ncaa.org/student-athletes/future/test-scores](http://ncaa.org/student-athletes/future/test-scores).

### TEST SCORES

Take the ACT or SAT as many times as you want before you enroll full time in college, but remember to list the NCAA Eligibility Center (code 9999) as a score recipient whenever you register to take a test. If you take a test more than once, send us all your scores and we will use the best scores from each test section to create your sum score. We accept official scores only from the ACT or SAT, and won't use scores shown on your high school transcript.



## HIGH SCHOOL TIMELINE

### GRADE 9

#### Plan

- Start planning now! Take the right courses and earn the best grades you can.
- Ask your counselor for a list of your high school's NCAA core courses to make sure you take the right classes. Or, find your high school's list of NCAA core courses at [eligibilitycenter.org/courselist](http://eligibilitycenter.org/courselist).

### GRADE 10

#### Register

- Register for a Certification Account or Profile Page with the NCAA Eligibility Center at [eligibilitycenter.org](http://eligibilitycenter.org).
- If you fall behind on courses, don't take shortcuts to catch up. Ask your counselor for help with finding approved courses or programs you can take.

### GRADE 11

#### Study

- Check with your counselor to make sure you are on track to graduate on time.
- Take the ACT or SAT, and make sure we get your scores by using code 9999.
- At the end of the year, ask your counselor to upload your official transcript.

### GRADE 12

#### Graduate

- Take the ACT or SAT again, if necessary, and make sure we get your scores by using code 9999.
- Request your final amateurism certification after April 1.
- After you graduate, ask your counselor to upload your final official transcript with proof of graduation.

#### Core Courses

This simple formula will help you meet Divisions I and II core-course requirements.

$$4 \times 4 = 16$$

- + 4 English courses (one per year)
- + 4 math courses (one per year)
- + 4 science courses (one per year)
- + 4 social science courses (one per year)

= 16 NCAA CORE COURSES

#### For more information:

[ncaa.org/playcollegesports](http://ncaa.org/playcollegesports)  
[eligibilitycenter.org](http://eligibilitycenter.org)

#### Search Frequently Asked Questions

[ncaa.org/studentfaq](http://ncaa.org/studentfaq)

#### Follow us:

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[@playcollegesports](https://www.instagram.com/playcollegesports)

# Freshman Year Timeline

- ▶ Individual scheduling appointment – Jan/Feb 2023
- ▶ Continue to work hard in your classes (everything counts)
- ▶ Select courses that are appropriately challenging for you
- ▶ Get involved in activities and/or sports and community service efforts
- ▶ Prepare for end of year exams
- ▶ Summer 2023 – READ, READ, READ, complete any necessary summer assignments and engage in meaningful activities



# Sophomore Year Timeline

- ▶ Review course catalog online in December
- ▶ Meet with your counselor between Jan-February to plan following year courses
- ▶ Continue to take appropriately challenging classes, study and do well in them
- ▶ Continue to get involved in extracurricular activities and consider running for office when able (leadership roles)
- ▶ Consider getting involved with community service and/or continue these efforts
- ▶ Introduction to Naviance and complete Career Interest Inventory with counselors in spring

# Junior Year Timeline

## ▶ In the Fall....

- ▶ Attend College Fairs
- ▶ Register & Take PSAT
- ▶ Continue to monitor your grades & participate in extra-curricular activities
- ▶ Prepare & Register for SAT/ACT

## ▶ In the Winter...

- ▶ Take SAT/ACT exams
- ▶ Prepare a challenging schedule for senior year
- ▶ Attend College Information Night
- ▶ Junior College Planning Meeting with your Counselor

## ▶ In the Spring...

- ▶ Attend NCA/WSCA College Fairs
- ▶ Research and visit college campuses
- ▶ Take SAT/ACT exams
- ▶ Consider who you will request to write your recommendation letters & ask 1-2 teachers for recommendation
- ▶ Review essay prompts on the Common Application

# Senior Year Timeline

## ▶ During the Summer...

- ▶ Register to take SAT/ACT in fall
- ▶ Finalize your college list & be aware of admissions deadlines
- ▶ Complete draft of college essay

## ▶ In the Fall....

- ▶ Meet with your counselor & Follow up with your teachers who are writing recs.
- ▶ Send your SAT/ACT scores directly to colleges
- ▶ Complete your college essay
- ▶ File for financial aid
- ▶ Submit your applications

## ▶ In the Winter....

- ▶ Submit mid year grades to colleges

## ▶ In the Spring...

- ▶ College admissions decisions released
- ▶ By May 1<sup>st</sup> - deposit required
- ▶ Throughout senior year, remember to research & apply for scholarships and continue to monitor your grades!

# 2023-2024

## Course Scheduling

- ▶ Course catalog online December 13<sup>th</sup> – important resource
- ▶ 9<sup>th</sup>, 10 & 11<sup>th</sup> grade students will input course requests online at home between December 15<sup>th</sup> - January 3<sup>rd</sup>
  - ▶ Tutorial was mailed home along with information about the scheduling process
- ▶ After the portal closes, counselors will meet individually with students via zoom to review course requests between January & February
- ▶ Students should take a challenging academic program that is appropriate
- ▶ Ask your teacher and/or counselor for feedback on course levels – AP and honors courses
- ▶ Course requests will be available to view on the parent portal on February 10<sup>th</sup>
- ▶ Deadline to make any changes to course requests for the 2023-24 school year is February 17, 2023

# MacArthur Guidance and Counseling Department - Programs and Events for High School Students

## Grade 9

- ▶ Counselor introductions (September)
- ▶ Post Secondary Planning Night (Nov/Dec)
- ▶ Review graduation requirements/scheduling options (as needed)
- ▶ Individual scheduling appointment (Jan/Feb)
- ▶ Meetings to discuss academic progress, social, emotional concerns (as needed)

## Grade 10

- ▶ PSAT Exam (October)
- ▶ Post Secondary Planning Night (Nov/Dec)
- ▶ Review graduation requirements/scheduling options (as needed)
- ▶ Individual scheduling appointment (Jan/Feb)
- ▶ Meetings to discuss academic progress, social, emotional concerns (as needed)
- ▶ Naviance Career Interest Activity (April/May)

# MacArthur Guidance and Counseling Department - Programs and Events for High School Students

## Grade 11

- ▶ PSAT Exam (October)
- ▶ Review graduation requirements/scheduling options (as needed)
- ▶ Individual scheduling appointment (Jan/Feb)
- ▶ District wide College Planning Night (February)
- ▶ Individual junior conference (March/April)

## Grade 12

- ▶ Individual senior meetings for post-secondary planning (on going throughout the fall)
- ▶ District wide Financial Aid Night (Sept/October)
- ▶ Mini College Fairs (during school day in Sept/Oct)
- ▶ On Site Admissions Program (Nov/Dec)
- ▶ Senior Graduation Exit Summary (March/April)
- ▶ Senior Awards Night (June)